



# Big Talk R.S.E. Event

17<sup>th</sup> November 2025

KEEPING OUR SCHOOL SAFE AND HAPPY



# Intent

- Our school delivers the Relationships, Sex and Health Education (R.S.E.) aspect of the curriculum through the ROSIS Scheme of Work in PSHE and our Science curriculum. In addition, we have engaged the support of the specialist organisation Big Talk Education.
- R.S.E. put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Our children are taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, they are taught how to treat each other with kindness, consideration and respect.

# Impact

- Our R.S.E. policy ensures staff follow procedures in order to uphold the moral development of our children in all areas of teaching where questions relating to physical and emotional development arise.
- Consequently, our pupils receive their Relationships and Sex Education in the wider context of relationships, so that they all are prepared for the opportunities, responsibilities and experiences of adult life.
- Our children are encouraged, from entering the Foundation Stage through to Year 6, to show care and respect for themselves and each other. A programme of support to develop these skills is now in place, annually provided by Big Talk Education.



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# Big Talk Workshops

## Foundation Stage

Children identified happy situations within relationships, and those that may be risky. In addition, they identified body parts that were private and identify whom they can talk to if they are worried.





# Big Talk Workshops

## Year 1 & Year 2

Children identified body parts including their scientific names and functions, whilst re-enforcing that these certain parts are private. In addition, they identified body parts that were private and identify whom they can talk to if they are worried. They also discussed which information is safe to share with others and who are their trusted adults.



# Big Talk Workshops

## Year 3 & Year 4

Children identified male and female body parts including their scientific names and functions, whilst re-enforcing that these certain parts are private. In addition, they identified body parts that were private and identify whom they can talk to if they are worried. They also discussed diverse family groups, such as adopted, same-sex or foster families.



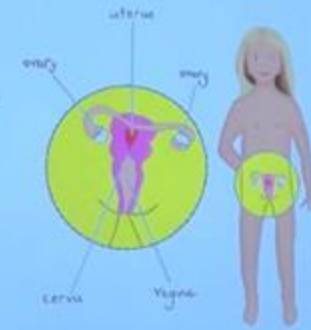
# Big Talk Workshops

## Year 5 & Year 6

Children identified male and female body parts including their scientific names and functions. They discussed relationships, age of consent and who to talk to if they needed help. They also discovered how and why male and female body's change through puberty. They discussed cleanliness routines and what to do during menstruation.

### Puberty changes just for girls

- This only stays fresh for one month, if a baby isn't made then the lining drips away, this takes 3-7 days and then a fresh one is made.
- The blood is released into the vagina over a few days.
- Girls usually use pads to soak up the small amount of blood (4-12 teaspoons)





# Pupil Voice

I know how to  
be safe and  
healthy outside  
of school.  
*Maya FS2*



I learned so much about  
what puberty is and how it  
affects my body.  
*Aisha Y3*



I now understand how to  
keep myself and healthy  
especially during  
puberty.  
*Natalia Y5*



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## Outcomes:

- We evaluated how we can continue making our school a happier and safer place for all.
- All our children are prepared for the opportunities, responsibilities and experiences of adult life.
- We continue to treat each other with kindness, consideration and respect.