



Mental Health Awareness Week & Safer Internet Day

3rd – 9th February 2025

KEEPING OUR SCHOOL SAFE, HAPPY AND HEALTHY

Mental Health Awareness Week

3rd – 9th February 2025



- ▶ As a school, we strive to RESPECT one another and maintain strong, positive relationships.
- ▶ It's part of Our British Values and is integral to the ethos of our school.
- ▶ We kicked off the week with a special assembly with Mr Ward.
- ▶ We introduced the message 'Know Yourself, Grow Yourself.' Alongside learning how to stay safe online.

Mental Health Awareness Week

3rd – 9th February 2025

- ▶ Every year group learned the importance of being connected and how to be safe online.
- ▶ Our mental health is just as importance as being physically healthy.
- ▶ Here are some amazing examples of work from this week...

Years 1 and 2 – What information should we not share online?




Mental Health Awareness Week

E-Safety

What would you keep safe?

Name 3 things you would keep locked in a treasure chest

- 1) money
 - 2) game console
 - 3) contents
- 

Name 3 things you would keep safe on an electric device

- 1) name
- 2) live
- 3) school

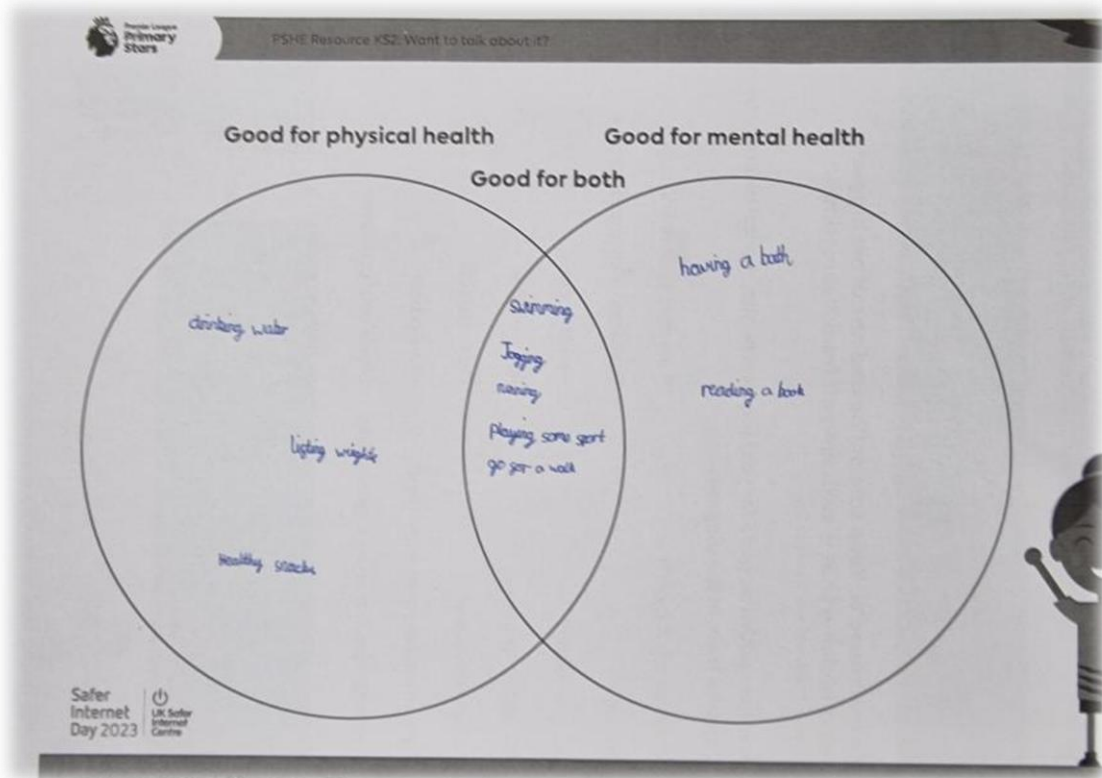


You shouldn't share online where you live.

I won't take photos of myself and post them online.



Year 3 – Safe Internet Day Premier League Stars



I know the
difference
between
physical and
mental health.



Year 4 – Safe Internet Day Virtual Lessons

Years 3 and 4 learned how our wellbeing can be affected by being online. They created informative posters to alert others in school to the potential dangers of being online.

Screen time is an issue in Key Stage 2 and therefore a greater focus on screen time and its effect on our physical and mental wellbeing was extremely beneficial.

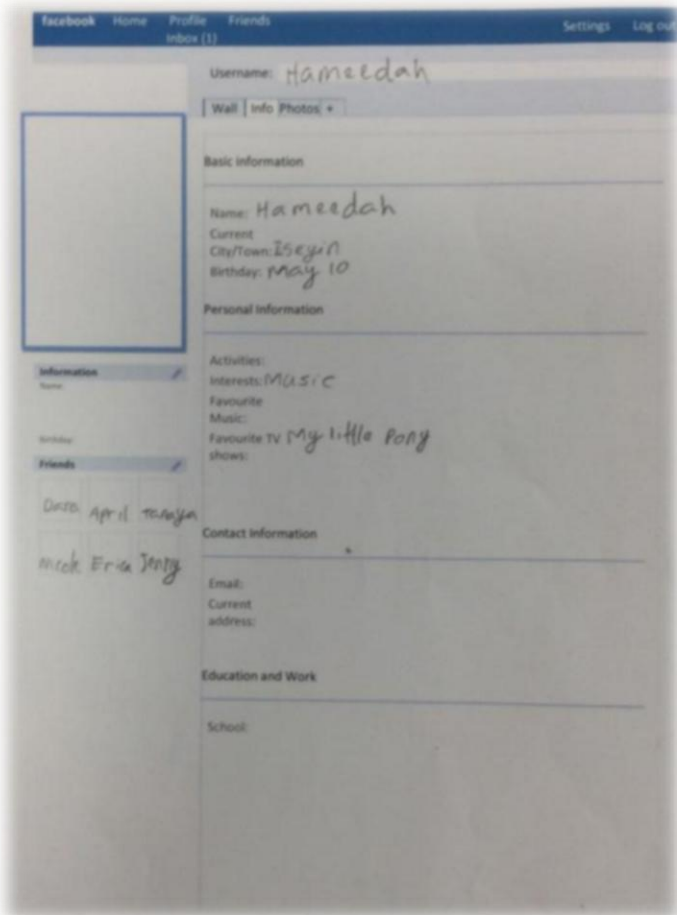


Year 5/6 Phishing and scamming Live Lesson



I now know the dangers of phishing and potential scammers. I know who to talk to when needed.

Year 6



I know certain information is personal to me. I know the information I can share with my friends. I know the consequences if someone sees sensitive information.

Dress To Express Friday 9th February



We expressed ourselves by wearing our favourite colour or a colour that represented how we are feeling.



Mental Health Awareness Week

3rd – 9th February 2025

Outcomes:

- ▶ We evaluated how we can make our school happier and safer for all.
- ▶ Pupils have promoted and celebrated how being 'connected' is important to our mental well-being.
- ▶ We are continuing to embed our British Values of 'Respect' and 'Tolerance'.