

PE Vocabulary Progression

	Basic movement	Developing balance	Agility and coordination	Team games	Movement patterns
FS	Travel Space Stop	Balance Still	Throw catch	Rules	Speed Direction
KS1	Travel Turn Jump Hop Run Skip Gallop	Broad base Narrow base Still Control	Throw Catch Roll Aim Balance Strike Pass	Rules Team Cooperate	Levels speed Directions Pathways Gesture Sequence Linking movement
KS2 (The vocabulary for KS1 continues but is up-levelled in KS2)		Forward roll Backward Roll Control Coordination Points Patches	Over Arm Throw Under Arm Throw Chest pass Speed Direction Level Coordination Control Dribble	Tactics Strike Field Attack Defend Rules Scoring	Perform phase Expression Speed Direction Level Evaluate Improve Transition Compose Symmetry