

Key stage	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 PJ	Theme: All about me Unit: The caring school and Friends and friendships	Theme: Gunpowder Plot Unit: Focus on special people and Anti-bullying	Theme: Seasons Unit: Healthy eating and hygiene	Theme: Our Country Unit: Physical health and wellbeing	Theme: Dinosaurs Unit Growing and changing	Theme: Pirates Unit: Keeping myself safe
National Curriculum and Assessment	<ul style="list-style-type: none"> I know that Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support. I know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and 	<ul style="list-style-type: none"> I know that families are important for children growing up because they can give love, security and stability. I know how to recognise if family relationships are making them feel unhappy or unsafe and how to seek help or advice from others if needed. I know the importance of self-respect and how this 	<ul style="list-style-type: none"> I know the characteristics and benefits of an active lifestyle. I can talk about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist. I can tell you about personal hygiene and germs 	<ul style="list-style-type: none"> I know the characteristics and physical benefits of an active lifestyle. I know how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. 	<ul style="list-style-type: none"> I know that exercise keeps me fit and healthy. I can tell you something that makes me feel proud I have thought about different ways to keep myself healthy 	<ul style="list-style-type: none"> I know my friends can help me and I can help them in times of change I know that some changes are natural and "happen by themselves" I have thought about working with other people to overcome obstacles.

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	<p>know that other children's families are also characterised by love and care.</p> <ul style="list-style-type: none"> I know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. 	<p>links to their own happiness.</p>	<p>including bacteria, viruses, how they are spread and treated, and the importance of hand washing.</p>	<ul style="list-style-type: none"> I know the benefits of physical exercise, time outdoors, community participation voluntary and service-based activity on mental wellbeing and happiness. 		
Year 2 CB	<p>Theme: Off to the seaside</p> <p>Unit: Our Happy School</p>	<p>Theme: Conisbrough Castle</p> <p>Unit: Out and about</p>	<p>Theme: Bear Grylls</p> <p>Unit: Looking forward</p>	<p>Theme: Queen Elizabeth II</p> <p>Unit: My friends and family</p>	<p>Theme: The world</p> <p>Unit: Healthy body, healthy minds</p>	<p>Theme: The Black Death</p> <p>Unit: The World Of Drugs</p>
National Curriculum and Assessment	<ul style="list-style-type: none"> I know why we have rules in school I can tell you how I am the same 	<ul style="list-style-type: none"> I know how to be careful when walking on the pavement 	<ul style="list-style-type: none"> I can tell you about the different types of work people do 	<ul style="list-style-type: none"> I know who my friends and family are 	<ul style="list-style-type: none"> I know that exercise keeps me fit and healthy 	<p>To know when to say no.</p> <p>To extend understanding of what goes into their bodies,</p>

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	<ul style="list-style-type: none"> and different from my friends I have thought about how to talk about my feeling 	<ul style="list-style-type: none"> I can listen well to other people when they are talking I have thought about how to keep myself safe 	<ul style="list-style-type: none"> I can tell you some of my strengths as a learner I have thought about how I learn and how I can achieve a goal 	<ul style="list-style-type: none"> I can make people I care about happy I have thought about people who are important to me and how I feel about them 	<ul style="list-style-type: none"> I know not to touch medicines and that substances in the house can be dangerous I can tell you something that makes me feel proud 	<ul style="list-style-type: none"> how it enters and its impact. To understand the role of medicines and health.
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Year 3 CBU	Theme: Our Local Area Unit: Our Happy School	Theme: History Around Us Unit: Out and about	Theme: Across The Channel Unit: Looking forward	Theme: First Men Unit: The World Of Drugs	Theme: Extreme Earth Unit: Healthy body, healthy minds	Theme: Romans Unit: Ready steady go
National Curriculum and Assessment	<ul style="list-style-type: none"> I know something about everyone in my class 	<ul style="list-style-type: none"> I know how to take turns when talking 	<ul style="list-style-type: none"> I know some enterprising ways I can support a charity 	<ul style="list-style-type: none"> To develop skills for weighing up the choices involved in 	<ul style="list-style-type: none"> I know I am responsible for taking exercise to look after my body 	<ul style="list-style-type: none"> I know some ways of dealing with changes that make me feel uncomfortable

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	<ul style="list-style-type: none"> I can work in a cooperative way with others I have thought about how everyone has to live by rules 	<ul style="list-style-type: none"> I can spot dangers in the home including dangers online I have thought about how to stay safe 	<ul style="list-style-type: none"> I know how others can help me achieve my goals and how I can help others I have thought about the importance of teamwork 	<ul style="list-style-type: none"> and the reasons for and against taking risks. To develop ways to resist unhelpful pressure to take risks with their health. To understand that pressure comes into different forms. 	<ul style="list-style-type: none"> I know how to say no, if offered a cigarette I can stop and think before I act I have thought about how to make sensible choices 	<ul style="list-style-type: none"> I know some ways of dealing with the feelings that sometimes arise from changes I have thought about ways to keep myself safe when I am out playing with my friends
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Year 4 TW	Theme: Steely Sheffield Unit: Our Happy School	Theme: Wonderful Water Unit: Out and about - Citizenship	Theme: Scots, Anglo-Saxons and Vikings Unit: Looking forward	Theme: Scots, Anglo-Saxons and Vikings Unit: My friends and family	Theme: Ancient Egypt Unit: Healthy Bodies (The World Of Drugs)	Theme: Remarkable Rainforests Unit: Changes
National Curriculum and Assessment	<ul style="list-style-type: none"> I know that I am valued at school I can identify my strengths 	<ul style="list-style-type: none"> I know that different ways of behaving are appropriate in different types of relationships 	<ul style="list-style-type: none"> I can explain how people manage their money within a budget. 	<ul style="list-style-type: none"> I know some things to do when I feel embarrassed that will not make things worse 	<ul style="list-style-type: none"> I know that alcohol is a drug I can describe the Eat Well plate 	<ul style="list-style-type: none"> I know how people often respond to difficult changes

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	<ul style="list-style-type: none"> and how I can contribute to a group I have thought about the importance of rules and keeping them 	<ul style="list-style-type: none"> I can protect my personal safety I have thought about how stereotyping can affect people in different ways 	<ul style="list-style-type: none"> I know the skills and attributes of a successful learner I have thought about how to save up for an item I want, and how I might restrict my other spending to do so 	<ul style="list-style-type: none"> I can describe some of the physical changes of puberty I have thought about how my body will change during puberty, how I may feel, and what to do about these feelings 	<ul style="list-style-type: none"> and the foods I need for a balanced diet I can stand up for what I think after listening to others and making my own choice I have thought about how I can have a healthy mind and body by..... 	<ul style="list-style-type: none"> I can take responsibility for my own safety I have thought about how to deal with difficult feelings to do with loss
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Year 5 RG	Theme: Africa Unit: Our Happy School	Theme: Africa Unit: My friend and family (Changes)	Theme: Tudors Unit: Healthy Body, Healthy Mind	Theme: The UK Unit: Healthy Body, Healthy Mind	Theme: Explorers Unit: Looking Forward (Puberty)	Theme: Greek Gods Unit: The World of Drugs
National Curriculum	<ul style="list-style-type: none"> I can recognise and challenge 	<ul style="list-style-type: none"> I know some of the feelings that people 	<ul style="list-style-type: none"> I can help organise an enterprise activity. 	<ul style="list-style-type: none"> I know how to protect myself on-line 	<ul style="list-style-type: none"> I know About menstrual wellbeing 	<ul style="list-style-type: none"> I know why I should exercise

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and Assessment	<p>stereotyping and discrimination</p> <ul style="list-style-type: none"> I can listen to and show respect for other people's views when working in a group I have thought about what makes a group function well so that we can learn together 	<p>have when someone close dies or leaves.</p> <ul style="list-style-type: none"> I know that sometimes there can be positive outcomes from changes that we didn't welcome initially I can look for the positives in big changes I am facing I know that emotions can change and know how to prepare for it I have thought about how the media can influence the way we think and feel 	<ul style="list-style-type: none"> I know it is up to me to get things done by taking the first step I have thought about how money affects the way I live 	<ul style="list-style-type: none"> I can use my skills for solving problems peacefully to help other people resolve conflict I have thought about strategies I can use to stay safe when faced with risky situations 	<p>including the key facts about the menstrual cycle.</p> <p>I know about puberty and the changing adolescent body</p>	<ul style="list-style-type: none"> I know what addiction means I understand that sometimes the feeling part of my brain takes over and I might make mistakes I have thought what I can do when I feel pressured such as.....

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Year 6 RR	Theme: Victorian children Unit: Our Happy School	Theme: Arctic – Frozen Kingdom Unit: Out and about	Theme: World war 2 Unit: Looking forward	Theme: World war 2 Unit: Looking Forward (Puberty)	Theme: Ancient Islamic Civilizations - Baghdad Unit: Out and About (Transition)	Theme: Cracking Coasts Unit: The World of Drugs
National Curriculum and Assessment	<ul style="list-style-type: none"> I know what it feels like to be unwelcome I can recognise and challenge stereotyping and discrimination 	<ul style="list-style-type: none"> I know how to enjoy fireworks safely I can use peaceful problem solving to sort out difficulties 	<ul style="list-style-type: none"> I know what can influence how people spend or save I know I am responsible for my own 	<ul style="list-style-type: none"> I know the names for male and female body parts I can take responsibility 	<ul style="list-style-type: none"> I know some ways of dealing with changes that make me feel uncomfortable I know some ways of dealing with the feelings that 	<ul style="list-style-type: none"> I know I am responsible for taking exercise to look after my body I know how to say no, if

	<ul style="list-style-type: none"> • I can work with others to achieve a shared goal • I have thought about how to develop and maintain a positive learning environment 	<ul style="list-style-type: none"> • I have thought about ways to manage difficult feelings 	<ul style="list-style-type: none"> • I have thought about why people spend and save 	<ul style="list-style-type: none"> • I have thought about how and why my body will change 	<ul style="list-style-type: none"> • I have thought about ways to keep myself safe when I am out playing with my friends 	<ul style="list-style-type: none"> • I can stop and think before I act • I have thought about how to make sensible choices
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