



The
University
Of
Sheffield.

Medical Students at Eastwood Village Primary



Promoting Healthy Lifestyles - Outdoor Activity and Sport



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Health and Fitness



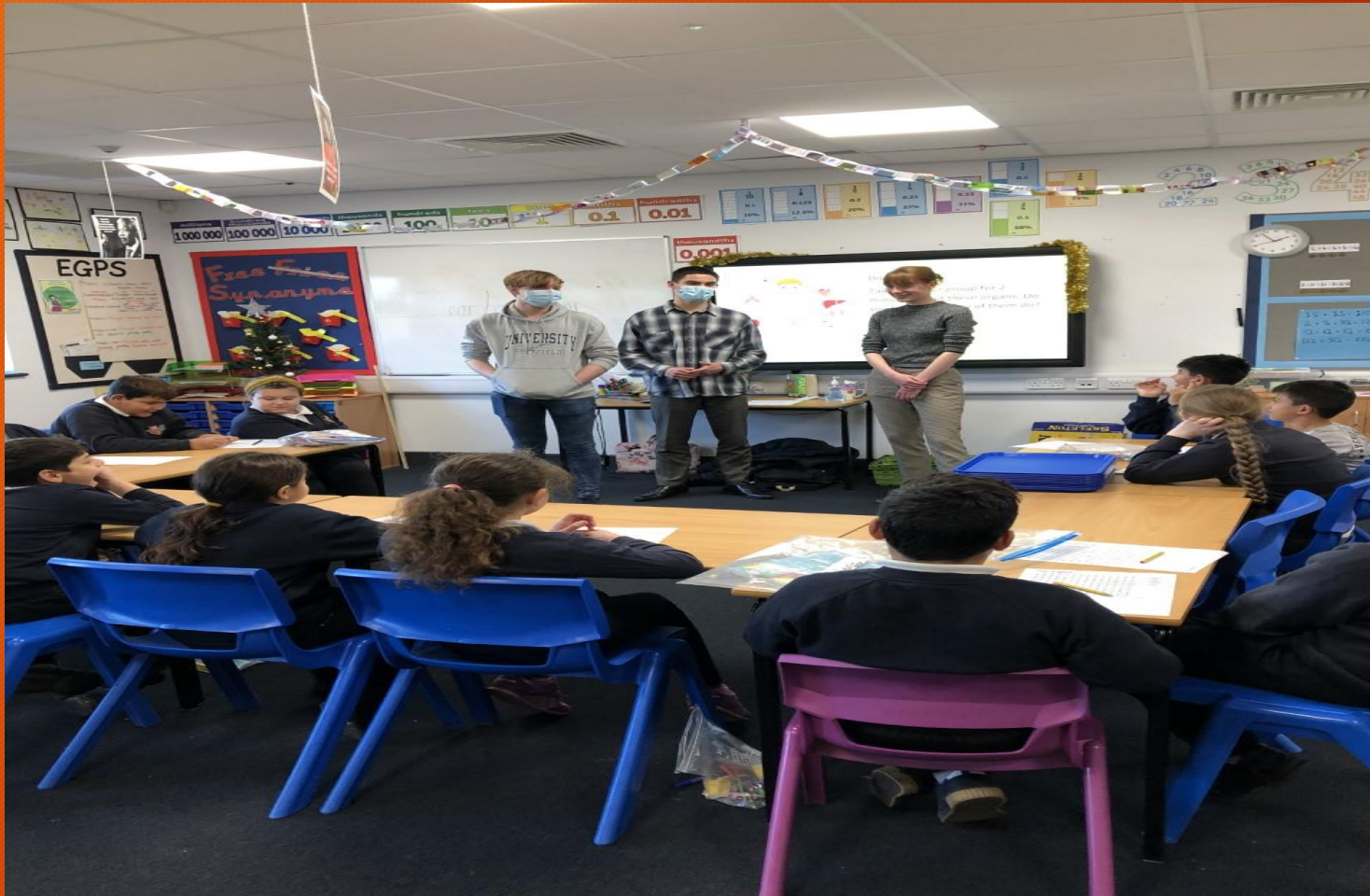
Oral Hygiene



Mental Health and Wellbeing



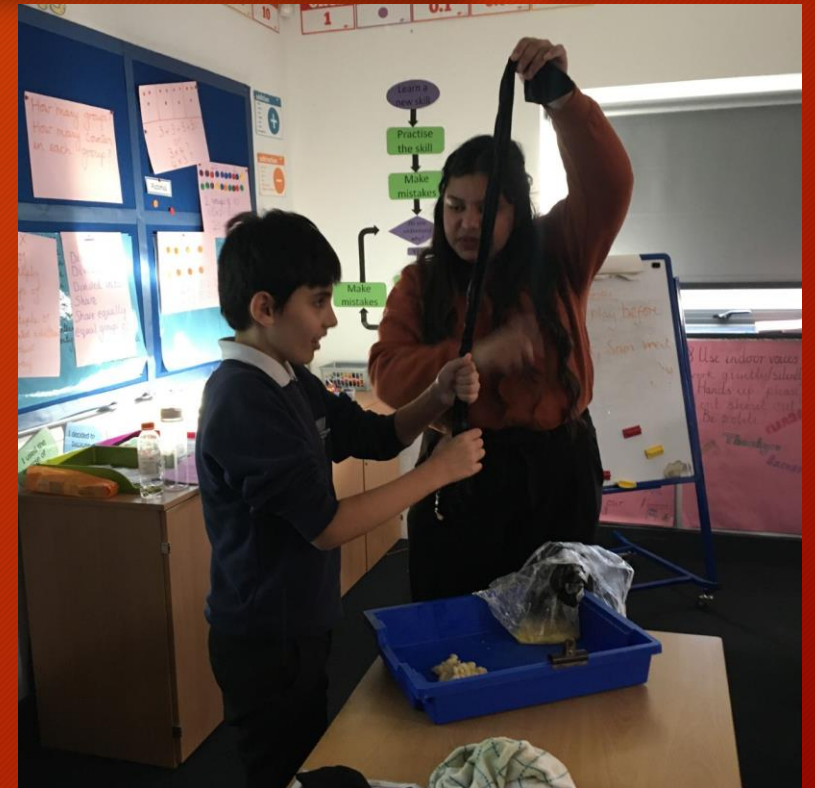
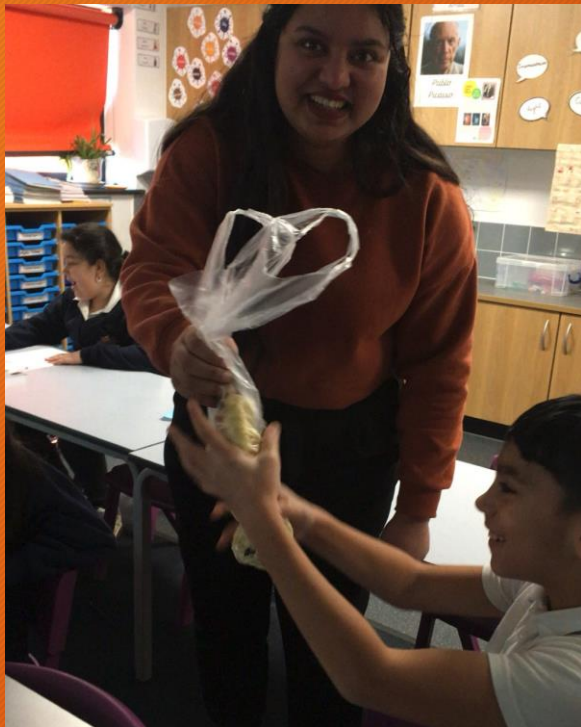
Digestion, Heart Health and the Human Body



Skeleton and Body Parts



Human Body



Y3 - Skeleton and Body Parts



Puberty

- Inc. pics from workshop

Healthy Eating



Y5/6 Online learning resources and support

Activity 2-Label the muscles

Label the main muscle groups in the body using the list below and colour each group a different colour or pattern.

- Rectus abdominus (Abdominal)
- Gluteals
- Deltoids (shoulder)
- Hamstrings
- Quadriceps
- Gastrocnemius (calf)
- Biceps
- Triceps
- Pectorals
- Trapezius
- Jaw



Activity 1-Crossword

Fill in the crossword with the key words from the paragraph above using the clues. If you need more there is a word bank below with the words, the crossword contains.

Muscles

Complete the crossword puzzle below

